



The Planting Principle

WARM UP

Have you ever tried a diet? What happened?

SET IT UP

We all know it but we tend to ignore it. It's a law of life. We tend to focus on how it works against us. But if we will learn how to leverage it—we'll get to enjoy the return on investment. The Planting Principle is simply this: Your someday grows from what you plant today. Small investments made consistently over time really works because time multiplies decisions.

CHAT IT UP

1. **Do you set New Year's Resolutions or goals? Why or why not?**
2. **Fill in the blank: Someday I would like to _____.**
3. **Read Galatians 6:7-9. What does it mean that "a man reaps what he sows?"**
4. **What two *categories* does Paul say we can invest in and see a crop?**
5. **What can people do to sow to the flesh? What can someone do to sow to the Spirit?**
6. **Is there an area of your life that you've given up trying to change? If so, what area?**
7. **Why do you think Paul tells us not to become weary in doing good? What promise does he give to encourage us?**
8. **Fill in the blanks in this sentence: Someday I want to _____, so today I will _____.**

WRAP IT UP

Your someday grows from what you plant today. Focus on one area for the coming week and do something each day, even for just ten minutes, that will move you closer to Someday.

LEADER TIPS

- If your group is interested in reading the Bible more this year—consider doing a Bible reading plan together. Check out the free Bible App for an easy way to follow a plan together.