



DAVID

PORTRAIT OF A KING

Week 2: David & Goliath

GET GOING

David was just a teenager when he defeated a giant in one-on-one combat. But it wasn't his battle prowess alone that won the day—it was his courage to act on the promises of God. Courage is *not* the absence of fear; it is the presence of God. Fear has a way of holding us back until we shift our eyes from “Goliath” to God.

DISCUSS

1. **When have you been the most scared?** (This could be a funny situation or a serious one.)
2. **Other than public speaking, what are some of the most common fears people face?** (Possible Answers: Fear of rejection, fear of failure, fear of not being enough, fear of getting mugged/identity stolen, fear of catastrophe, fear of death).
3. The most common command given in the Bible is “Fear not” or “Do not be afraid”. **Why do you think that is?**
4. The command to “Fear not” seems almost impossible to follow. Fear shows up all the time when we worry, wear a mask or disengage. **What are some of the bad ways we can try to cope with our fear?**
5. **Read 1 John 4:18. What does this verse teach us about fear?** (Possible Answers: love and fear cannot coexist at the same time, fear is the anticipation of pain, love has the power to replace fear in our lives).
6. The way we fight fear is with faith. Faith is believing God will do what He has said He will do. **What are some of the promises God has made to us?**
7. **If you're willing to share, what fears are you facing right now? Or, what promises of God have you found to be the most helpful in your life so far?**

WRAP IT UP

The battle between David and Goliath shows that our fear doesn't have to win! Courage is the result of filling our eyes with our Father and not what we fear. Take some time this week write down your fears *and* the promises of God. Reflect on the promises of God when you are tempted to be frozen in fear.