

# appnotes

## DAY **READ 2 TIMOTHY 3:14-17**

1

The Bible is a unique book written by about 40 human authors over the course of 1,500 years as God directed them. It is a combination of historical accounts, biography, poetry, prophesy, and letters. As today's passage so clearly teaches, God worked through the human authors in such a way that what they wrote was what He wanted to say to us (see also 1 Peter 1:21). The Bible can show you the best way to live, where you are off course, how to get back on course, and how to keep succeeding in life. It has steered the course of billions of lives over the centuries. But you don't have to take my word for it. Try it out for yourself!

## DAY **READ PSALM 119:105-112**

2

I've done it more than once. Maybe you have, too. You start driving but forget to take a turn. You started out going the right way but you got lost along the way. We have to keep in mind where we are headed and the turns it takes to get there. That's what the writer is saying about his life. The Bible is his GPS, always reminding him of where he needs to go and how to get there. When he can't see where to go, he goes to the Bible. When life is dangerous, he returns to God's words. When he needs to discern what is right, he looks to the Book. When people try to tear him down, he goes back to the Bible to be built up. Need some help figuring out your path? Let God guide you!

## DAY **READ MATTHEW 11:25-28**

3

There are times when the last thing you need is another lesson, sermon, or pep talk. You simply need the Savior. Your soul needs to spend time listening to His words of love, encouragement, and comfort. You need to be reminded of what made you believe Jesus was so incredible in the first place. That's the invitation Jesus offers in today's passage. When you feel beat up, look up. When you are burdened, take a break. When you are worn out, walk toward Jesus. Maybe today is the day you talk to Jesus about what weighs you down. And when you're done? The burden will be gone and you'll be able to run again.

## DAY READ PSALM 19:7-14

4

Most people hate going to the doctor, but everyone loves getting better. Sometimes we have the same attitude about spending time reading the Bible. There are a lot of reasons we avoid it. It can be intimidating, we can feel guilty about our lifestyle, or we can even get caught up in other things. But there are a lot of reasons to pick it up, too. That's what David is writing about in today's passage. The Bible refreshes our souls, makes us wise, brings joy to our hearts, helps us avoid pitfalls, and leads to a rewarding life. You could say the Bible is just the right medicine for our souls.

## DAY READ MATTHEW 7:24-29

5

Did you know that furniture comes with directions? Yeah, I missed that, too. I've spent a lot of wasted time at failed attempts, only to have my spouse dump the directions out of the box and hand them to me. Turns out, it's a whole lot easier with directions. The God who made everything has given us a guide to making life work. When we ignore His guidance, we end up frustrated and failing - which is far from what God wants for us! That's why He has given us His instructions to live by in the Bible. We all have to build a life. What will guide you as you do?

AppNotes are available on our Facebook page, Monday-Friday.

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