

appnotes

DAY

1

READ 2 PETER 1:3-4

Have you ever heard the saying, “Promises are only as good as the person who makes them”? Even though we try not to break our promises, we can all fail to follow through on a commitment. But, that is not the case with God. Numbers 23:19 is clear, “God is not human, that he should lie, not a human being, that he should change his mind. Does he speak and then not act? Does he promise and not fulfill?” God’s promises are powerful weapons in our war against wasting our lives. As we read today, we combat the lies that lure us away from God’s best with His promises. The more we trust His promises the more we become like Christ and will echo Joshua 23:14, “Every promise has been fulfilled; not one has failed.”

DAY

2

READ ISAIAH 41:10

Have you ever felt like you cannot go on? You may understand what it feels like when your strength is gone, there is no light at the end of the tunnel, and you want to call it quits. It’s in the moments when we are about to despair that we find strength in the five promises of Isaiah 41:10. First, God is my God, so we can trust that He is not passively observing; He is actively engaging! Second, God is with me, so I am not fighting alone. Third, God promises to give me strength when I am weak. Fourth, God will personally help me. Fifth, God will uphold me so that I will not falter. Even when we are at the end of our rope, we can find renewed strength in God.

DAY

3

PSALM 139:1-18

We can feel alone even if we have hundreds of Facebook friends, Twitter followers, and Instagram likes. Many are utterly alone in a digital crowd. Loneliness is painful. In this powerful Psalm, David is profoundly moved when he discovers how close God is to each of us. God knows every word before you say it, and even if you don’t know what to say, He understands that, too. God knows everything about you and doesn’t reject you. God is cheering you on when you are at your best and picking you back up when you are not. He loves your every quirk because He made you that way. God thinks of you more than the number of grains of sand on the beach! And when you start to understand that truth, you realize you are not left alone; you are left in awe.

DAY READ COLOSSIANS 2:6-15

4

Regrets hang on our hearts like heavy weights. There are times when we can't shake the memory of what we did (or didn't do) a minute ago, a month ago, or many years ago. When we look at our hands, we still see them stained with the sins of our past. The Apostle Paul delivers a powerful promise in today's passage: Christ's sacrifice covers all your sins. It is as though the list of your sins would fill volumes and volumes of pages. But when Jesus died, that list was nailed to the cross with Him. Whatever punishment you deserved for your failures was poured out on Christ instead. So that now, when the accusations come, you can just point to the cross where your Savior took every single sin and stripped it of its power to prosecute you. Maybe you need to sit down today and make a list of past mistakes that you just can't shake. Then, burn the list to symbolize the promise in this passage: the cross covers it all.

DAY 5

READ JOHN 14:1-14

Are you afraid of dying? In today's reading, Jesus gives us some comfort and guidance. The One who created life, and would soon rob death of its sting, urges us to trust His power and His plan. Jesus then gives us a glimpse into what to expect on the other side. He speaks of a new home that He has personally crafted for us to enjoy with Him. If you wonder if you'll be in Heaven one day, look at verse six, "I am the way, the truth and the life. No one comes to the Father except through Me." There is only one way to Heaven and that is through the Son. Jesus' sacrifice on the cross secured the way to Heaven for all who will believe in Him. When the idea of death troubles you, remember: death is the doorway to the rest of what God has promised you.

AppNotes are available on our Facebook page, Monday-Friday.

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