



DAY 1 PSALM 27

1

Verse 13 of Psalm 27 states, “I had fainted, unless I had believed to see the goodness of the Lord in the land of the living.” Many people today are faint of heart. They see floodwaters swallowing houses in Houston. First responders are rescuing people who are trapped. Seeing people lose everything shakes our foundations and produces fear. Those of us who watch from afar wonder if and when we also will face disaster. How do we prepare for the unimaginable? The psalmist tells us to believe we will see the goodness of the Lord. We must trust that God is good, even when things go wrong. Focus our eyes on Jesus, knowing that He will prevail. God is operating in the midst of tragedy. Just like first responders come quickly on the scene, we can expect God to respond to our prayers when we look to Him.

DAY 2 ISAIAH 41:8-13

2

Doesn't it feel great to be on a winning team? As professional football season begins, do you wonder if your favorite team will make it to the Super Bowl? It's exhilarating to watch your team win, and can be demoralizing to see them lose. We sit on the edge of our seats through every game, not knowing the final result until the end of the season. But when we know Jesus and follow Him, we don't have to guess about our outcome. No matter how many losses we may experience, God has shown us in his Word the end of the season. We win! God tells us not to fear. Keep playing the game with hope and love, because God has His way in the end.

DAY 3 1 SAMUEL 17:32-37

3

Has God ever come through for you in a trial? He did for David. Before he ever fought Goliath, David killed lions and bears that would destroy his flocks. His livelihood as a shepherd was at stake. Then the enemy stepped up his game. A giant threatened to destroy all of Israel. Everyone's sustenance was in danger. No Israelite soldier wanted to face Goliath. But David saw past the impossible odds. He knew that it was God who delivered him from the lion and the bear. He could depend on God again to provide wisdom and strength to get the job done. Has the enemy stepped up his game against you? Look at how God has come through for you in the past. We can face our fears when God is our source.

DAY 1 SAMUEL 17:41-47

4

Has someone or something threatened you and made you feel small? That's what Goliath did to David. How could David win a fight against an experienced armed warrior with five stones and a slingshot? The truth of the situation seemed to outweigh David's optimism. But David knew better than to listen to Goliath's trash talk. How often do we take belittling words to heart? Like David, we can answer negative or fearful thoughts and words with the promises of God. Israel worshiped the one true God. David was confident that God would rescue His nation. If we belong to Jesus, we, too, can trust that our God is stronger than any enemy we face, no matter how big. When the odds are stacked against you, push away fearful thoughts, and like David, declare that God is your defender.

DAY MARK 4:34-41

5

Jesus gave his disciples a clear direction, "Let us pass over to the other side." They piled into the boat and started across the Sea of Galilee. As Jesus slept, a sudden storm threatened their lives. They feared they would die, and assumed that Jesus didn't care. Somehow they had forgotten that sailing across the sea was exactly what He had asked them to do. Would He then let them all drown? Sometimes it feels like we are all alone in a frightening situation. God seems to be asleep, or at best, ignoring our cries for help. But Jesus is always there, even when we feel out of control. He has given us simple instructions. "Follow Me." When we do, we can be confident He will help us.

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