



DAY 1 2 CORINTHIANS 12:7-10

1

“Thank you, Lord!” is probably the last thing you say when going through a hard time. It is more common for us to question God when we get knocked down. In this passage, Paul reminds us that our suffering serves as a reminder that we are nothing without God. Paul not only accepts God’s answer not to heal his physical ailment but also praises Him for allowing him to endure it. He thanks God for his “thorn” so that he would never become proud in his strength. God proves over and over that His grace is sufficient in times of need. We hate feeling weak. We beg God to make it right. But what if there was a different answer? Is it possible that we could welcome weakness so that we could know God’s greatness?

DAY 2 MATTHEW 26:36-39

2

Sometimes we have a hard time relating to Jesus. He was God, remember? That’s what makes today’s passage so powerful. In it, we get a window into the humanity of Jesus. We can relate to the feelings of sorrow and fear in Christ’s prayer because we struggle with these daily. We can also understand His disappointment when God chooses not to intervene. Did you notice that Christ accepts God’s will wholeheartedly and without question? He knows His father’s plan is perfect. We too, need to remember that the outcome of our prayer is part of God’s perfect plan for us. Just think, if God chose to take away the “cup” of suffering from Jesus, the road to our salvation would not be paved.

DAY 3 LUKE 18:1-8

3

We’ve all heard the saying, “The squeaky wheel gets the grease.” Isn’t that the truth? In this passage, Jesus explains to his disciples that if an unjust judge who cares nothing for his subjects takes action because of constant inquiry, how much more will a caring and just judge (God) respond to His children’s persistent prayers? But remember, prayer doesn’t always have to be performed with eyes closed, head bowed, and knees bent. Our great God provides an open door of communication to us 24/7. We can delight in this constant prayer connection simply by keeping our thoughts, actions, and words focused on Him. As Christians, we only lose our line of connection when we hang up.

DAY PHILIPPIANS 4:6-9

4

What is the cause of that knot in the pit of your stomach? For many, it is the anxiety over finances, health, relationships, well-being of family members, or something we cannot identify! In this passage, we are given a formula to alleviate all these worries: Prayer + Request + Thanksgiving = Peace! It sounds simple and is certainly easier said than done. However, if we remember the peace God has granted us in the past, submit to His will for us in the present, and trust that His grace is enough to carry us through the future, then the process becomes more achievable. So the next time that pang starts to creep in, use this God-given format wholeheartedly. Seek peace in the Lord to find rest from all your worries. Put the entire weight of your burdens on God to experience the indescribable peace He promises!

DAY JOHN 17:15-24

5

What do you think Jesus would pray for you? The cool thing is we know! In today's passage, Jesus prays for all who will believe in Him through the testimony of the disciples—that's us! Jesus doesn't pray that God will keep us in a bubble—insulated from all hardship. He doesn't ask that we will be happy, healthy and wealthy. Instead, Jesus prays for our spiritual health. Why? It's not bad to enjoy God's blessings. But His blessings are not the point of life. Jesus didn't ask that we could avoid suffering; that will come in the future. Today, God has a mission for us that matters. How can you join what God is doing in the world?

AppNotes are available on our Facebook page, Monday-Friday.

facebook.com/parkerhill.org