



Better Together

WARM UP

Share a bad childhood habit you once had and what measures you took to overcome it?

SET IT UP

We all want to change, but too often we fall back to old habits and hang-ups. So why is it that some people experience transformation while the rest of us seem to stay stuck? What if we switched up the way we approached change and invited others along for the journey? Let's talk about it.

CHAT IT UP

1. If you could change any one thing about you, what would it be and why?
2. Share a time where someone came alongside you to help you accomplish a goal, project or task that you couldn't have finished alone.
3. We are not designed to do life in isolation. It is not healthy for us, and it robs others of the opportunity to be blessed by us. **Read Proverbs 18:1.**
4. How does the writer of Proverbs describe the person who chooses to do life alone? (*Hint: That person is unwise and picks a fight with common sense!*)
5. Why do you think that detached or isolated living is so dangerous?
6. **Read Ephesians 4:11-13.** Paul tells us that maturity comes through community. If we want to grow, we need one another. **What gift or skill do you believe that God has given to you that can help others take their next step towards Him?**
7. **By a show of hands, how many of you have ever confused maturity with perfection?** How would you describe the difference? (*Hint: Maturity is consistent progress over time. Perfection- or complete Christ-likeness will never happen on this side of eternity.*)
8. Why do you think we are so resistant to letting others help us on our change journey? What is one practical way we can help you take a step towards maturity in this season?

WRAP IT UP

We all need a place where we can connect and have "positive peer pressure" in our lives. The quality of our friendships will determine the depth of our faith. But relationships don't happen automatically. We have to make small investments consistently over time so thanks for being part of a group!

LEADER TIPS

- Your group is a perfect place for you to equip others. One of your primary roles is to identify and call out your member's God-given gifts. Encourage each person to use those gifts to help one another grow. Not sure how? Check in with your Next Steps Pastor or Campus Pastor for some great tips!