WARM UP

What's the worst tasting thing you've ever eaten?

SET IT UP

Frederick Faber wrote these words: "God is always whispering to us, only we do not always hear, because of the noise, hurry, and distraction which life causes as it rushes on." He wrote that in the 1800s—how much more true is it today? In this world where we are constantly connected, there is rarely a moment when we are quiet and undistracted. But without soul space our souls will shrivel.

CHAT IT UP

1. **What phase of your life has been busiest so far? Why do you think that is?**

2. **Read Luke 10:38-42. Who are the two characters? How is Martha described?** (Answer: Distracted by everything she had to do, worried and bothered about so many things).

3. Mary had a totally different experience than Martha. Mary was not distracted, worried and bothered. **What did Mary do that was different?** (Answer: She sat at Jesus' feet and listened to Him.)

4. Making time for God makes all the difference. **How does spending God change your day or your week?**

5. **In the message, Paul said, "Make time for God time." Do you do that?**

6. Be encouraged! Every Christian has struggled to prioritize personal time with God. **When it comes to "God time" what have you tried in the past? What hasn't worked? What works best for you?**

7. It always helps to have a Bible reading plan, a place, and a time. **Do you have that? What would it take to start spending time with God regularly?**

WRAP IT UP

Busy is the new fine. But it's not fine! When we spend all our time on the immediate we miss out on the important. God doesn't sprint and shout. He walks and whispers. To hear Him you have to make time for God time.

LEADER TIPS

- A really helpful tool you could point out or print out for your group is the Bible Reading resource on our website at parkerhil.org/toolbox
- Help each other come up with a plan that will work. Suggest a Bible reading plan that is a practical next step for the members of your group. (Note: the free Bible app is a great resource!)