



The Comparison Cul de Sac

WARM UP

1. What item(s) cause you to get distracted (i.e. Apple products, cars, purses, etc..)?

SET IT UP

Life never turns out exactly as expected. Many want the perfect spouse, fulfilling job, and wonderful family. But the days roll into years without all our hopes coming true. Eventually we find ourselves comparing ourselves to those who have what we always wanted. But, comparison distracts us from the path God's chosen for us.

CHAT IT UP

- 2. What emotions flood your heart and mind when you are caught in comparison?**
- 3. Comparison is just a distraction. But why do you think it's so easy?**
- 4. Read Proverbs 14:30. Why do you think such a strong metaphor was used? What do you think the author intended that phrase to mean in this context?**
- 5. Three things happen when we live in a state of comparison: you don't build deep friendships, you don't move forward, and the light doesn't grow in you. Have you sensed any of those happening in your life before? Which one is the strongest?**
- 6. When Peter was caught comparing himself to John in John 21:22 Jesus responded by saying "What is it to you? You must follow me." What is your first reaction when hearing Jesus' blunt reaction? How about when you apply those words from Jesus to your life?**
- 7. Comparing to their story means you stop living your story. What story might comparison be stopping you from living?**

WRAP IT UP

Comparing to their story means you stop living your story. Jesus reminds us that we have a unique purpose and story to live for God, and comparison only distracts us from that purpose. Turn comparison into inspiration by trusting God's plan for you.

LEADER TIPS

- Help your group discover the story God has for them by taking small tangible next steps. Practical action items to take home each week will push them toward life change. Ask your Next Steps Pastor about Action Item Cards to use in your group.