



groups | DISCUSSION GUIDE

Chasing Carrots... Perfectionism

WARM UP

Is there a right way and a wrong way to load the dishwasher?

SET IT UP

Perfectionism is the refusal to accept any standard short of perfection. Know anyone like that in your life? Maybe that's a description of you. Perfectionists are paralyzed or terrorized by the thought of failure. Not failing is a sign someone is frozen by fear. God works through our imperfection. If we won't move unless it's perfect—we will never move. If we don't move, the work God has for us is left undone.

CHAT IT UP

- 1. Have you ever bragged about being a perfectionist? Why do you think we do that?**
- 2. Read the passage used in the message as a group - Matthew 25:14-30. What did you find interesting, surprising, or upsetting about this parable?**
- 3. Why did the final servant not invest his share?**
- 4. Why was the master angry with the servant?**
- 5. What can we learn from the servant's and the master's reactions in this parable?**
- 6. Perfectionism is not about perfection. It is about protection. What is your perfectionism protecting you from? (examples - failure, disappointing others, pain, etc..)**
- 7. What gift has God given you that perfectionism may be burying in the ground?**
- 8. Two charges were given to help fight perfectionism: 1. Let God love you. 2. Take a step. What do you need to focus on this week?**

WRAP IT UP

The lie of perfectionism tells us that my acceptance is based on my performance. The truth of the cross is that my performance is based on acceptance. God accepted and forgave us while we were in the filth of our sin (Romans 5:8). This truth of this gospel can dispel all fear and urge us to invest the gifts we've been given in furthering God's kingdom. Let God love you amidst your imperfection, and take a step forward!