



The Road: Distraction

WARM UP

**What is your favorite vehicle that you have owned or would like to own?**

SET IT UP

If you've ever been distracted by the voices of the crowd – you're not alone. Praise can be distracting or even destructive to our commitment to God's will. Sometimes, the voice of the crowd drowns out the persistent voice of God. The problem with following the voice of the crowd is not necessarily that we will do something wrong or immoral, it's that we may choose a comfortable detour from our God-given destination. Like Jesus, we must live for the audience of One.

CHAT IT UP

1. **Do you like to travel? Why or why not?**
2. **If your life so far was a road, what kind would it be? Steep, long, paved, dirt, a highway, other?**
3. **Read Philippians 3:10-14. What does Paul forget? (Answer: The past.) What kinds of things are in Paul's past? (Answer: Great failure and great success.)**
4. **Now Paul doesn't actually forget... he stops focusing on those things. Why? (Answer: So Paul can focus on Christ and His call on Paul's life.)**
5. **Are you easily distracted? What affect does that have on your life?**
6. **What distracts us? (Ex: Other's opinions, phones, Facebook, entertainment, inner dialogue, temptation, busyness, etc.)**
7. **Some distractions can be eliminated, others deferred, and some we need to handle other ways. Get creative and talk about how to handle the distractions from question six.**

WRAP IT UP

When Jesus entered Jerusalem on Palm Sunday many people had opinions about how they wanted the week to go. But Jesus chose to live for an audience of One. Distraction is a dangerous detour from God's destination for your life. What can you do this week to tune out the distractions and focus on what God is calling you to do.

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## LEADER TIPS

- Have fun listing a bunch of distractions in question six. You might want to jot them down as you go (or have a group member do it). Then, go through them together as a group and think about helpful ways to deal with the distraction by either removing it, giving it less attention (deferring), or some other tactic. *Remember, it is not enough to remove distractions, we have to fill that time with good things.* Encourage your group with helpful alternatives.