

INSOMNIA

Why is This World So Messed Up?

WARM UP

Who was one of your heroes or idols growing up?

SET IT UP

There are questions that haunt every human soul. They confuse us, upset us, and derail us. They are the questions that keep us up at night. We won't find peace until we find a satisfying answer. So let's talk about: "Why is the world so messed up?"

CHAT IT UP

1. **If you could trade lives with someone for a day, who would it be? Why?**
2. **Read Psalm 73:1-12. What is Asaph seeing that is disturbing? Be specific.** (Overall Answer: Bad people blessed with good lives.)
3. **Asaph's faith is in trouble. What is the problem?** (Answer: The wicked had the good life and Asaph didn't—even though he did good.)
4. **Have you ever been disturbed by the comfort and wealth of the wicked?**
 - **Why does it feel so wrong for bad people to lead blessed lives?**
 - **What is the underlying assumption here?** (Note—If I'm good, God will make my life good.)
5. **Read Psalm 73:13-14. Have you ever wondered it if was worth it to live the Christian life? What were the circumstances?** (Follow up: What did you do? How long did it last? Etc.)
6. **Read Psalm 73:16-20. What brought Asaph back from giving up on faith?** (Answer: Asaph remembered that we all spend eternity somewhere. This life is brief, eternity is a long time.)
7. **What are five things that mess with our ability to keep an eternal perspective?**
8. **What are five things that help us keep the right perspective on life?**

WRAP IT UP

Some days, the journey seems so hard. This world seems so broken, so backwards, and so filled with pain. For the believer, the brief pain of this world is the closest to Hell they will ever

come; and for the unbeliever the brief pleasure of this world is the closest to Heaven they will ever get. So turn your attention toward Heaven and watch your emotions follow.

LEADER TIPS

- This would be a great week to print out the passage and have it available for all your group members.
- Spend some time praying together. Few things refocus our perspective like talking to God.