

INSOMNIA

Will My Kids Turn Out Ok?

WARM UP

Kids do crazy things. Share a funny story of something a sibling or child did that left you laughing or wincing.

SET IT UP

There are questions that haunt every human soul. They confuse us, upset us, and derail us. They are the questions that keep us up at night. We won't find peace until we find a satisfying answer. Few things make us worry like the kids in our lives.

CHAT IT UP

1. **Are you confident you are helping the next generation develop a strong faith? Why or why not?**
2. **Read Psalm 127:1-2. What point is the writer making here?** (Answer: Parenting without God is foolish. We need God at the center and God's power.)
3. **Be honest, in what ways can we parent "without God?"**
4. **Practically speaking, how can we keep God at the center of our parenting?** (Note: Push your group to brainstorm several answers.)
5. **Read Psalm 127:3-5. Now what is the writer saying?** (Answers: Children are a gift from God. Children are to be prepared, pointed, and released into the future to leave their mark.)
6. **What do you want to be true of your child on the day they graduate high school? College? As parents?** (Note: Ask depending on the stage of life of your group.)
7. **What can you do to prepare them for that future?**
8. **What is some of the best parenting advice you have taken to heart? What was the result?**

WRAP IT UP

What we leave *to* our children is not nearly as important as what we leave *in* them. One of the ways we can impact the next generation is through this group. The relationships we build here can make a big difference over time! Another way is to pray. Let's spend some time praying for the middle school and high school students heading to their Fall Retreat from September 23-25.

LEADER TIPS

- Remember to customize this discussion for your group. If they are future parents, reword the questions to apply to influencing the next generation. If they are empty-nesters, talk about how impacting the next generation changes at this new stage.